

Penrose Havering

Independent Approved Premises

24-hr Accommodation and Support Service

Out of prison,
Out of hospital,
Off the streets.





Introduction

I am delighted to introduce Penrose Havering, our second Independent Approved Premises, which opened in February 2026. This is a significant milestone in the growth of our criminal justice services and reflects our commitment to a modern, compassionate and rehabilitative model of support. At Penrose Havering, public protection goes hand in hand with meaningful opportunities for people to rebuild stability, take responsibility, and make lasting, positive change.

At SIG Penrose, we believe that everyone deserves the opportunity to rebuild their life. Our work goes beyond managing risk. We support individuals in finding stability, rediscovering purpose, and realising their potential.

Through our partnership with the Ministry of Justice, we remain committed to delivering high-quality, innovative services that achieve meaningful and lasting outcomes for the people we support and the community.

Penrose Havering builds on the strong foundations of our Penrose Drive service and represents an important step in the development of our criminal justice provision, with Penrose Bermondsey set to follow.

Each year, we support hundreds of people on probation, providing safe, structured environments where individuals can reflect, grow, and move forward with confidence. The opening of Penrose Havering enables us to extend this support to more people at a crucial point in their journeys.

As an established provider in the Romford area, we are proud of the local partnerships we have built and continue to develop. These relationships help us

create more opportunities for service residents and strengthen the support available to them. Residents benefit from a schedule of rehabilitative activities, delivered within the service and in the community, designed to build skills, confidence, independence and positive routines.

The Havering team has made an exceptional start, with early achievements recognised through internal awards and consistently strong performance from day one. Continuity in leadership, supported by experienced colleagues from our homelessness and complex needs services, brings valuable insight into supporting individuals with multiple, often overlapping needs, and has strengthened the team's ability to provide compassionate, person-centred and effective support.

Thank you for taking the time to learn more about Penrose Havering. We are proud of the difference the service is already making and remain committed to listening, learning, and improving. We welcome your feedback, ideas, and opportunities to work together.

Eva Katsani
Head of Criminal Justice Services
Social Interest Group

About us

Who we are

SIG Penrose is a subsidiary of Social Interest Group (SIG), a leading UK charity providing bespoke person-centred health and social care services. SIG is a specialist in supporting people with the most complex challenges and multiple disadvantages, often from chaotic backgrounds.

What drives us

Our success is due to our collaborative approach to service delivery. We work with carers, professionals, local communities and commissioners.

Mission

Our mission is to empower independence through trauma-informed solutions and dynamic partnerships that keep people out of prison, out of hospital, and off the streets.

Vision

A transparent, caring world in which people have equity of access to a good home, health care, social support, and employment.

Values



Ambition

Eager to succeed and accomplish as much as possible for our people.



Empowerment

Giving staff and the people we support the tools, training, and information needed to achieve their potential.



Transparency

Upfront and visible about our actions and open to scrutiny.



Inclusivity

Listening to, understanding, and including all stakeholders to ensure we make a difference and get things right.





About Penrose Havering

Penrose Havering provides 24/7 support and accommodation for men and for those living under license, helping them make a safe and successful transition back into the community. Our service bridges the critical gap between prison and community life, fostering positive relationships that empower those in our care to build independent, crime-free futures.

Our goal is to create a welcoming home where residents actively plan their futures from day one. Our experienced team provides intensive support, supervision, and complex care, using a Trauma-Informed Care approach. As a community-based public protection and rehabilitation service, we specialise in working with individuals who may pose higher public safety risks.

Our work is grounded in a partnership with the Police, the Probation Service, and Community Mental Health Teams to ensure the right blend of care, risk management and rehabilitation.



Approach

Theory of Change

Our Theory of Change guides our work. We adopt a strengths-based approach to enable positive identity formation and support individuals in viewing themselves through the lens of their ambitions and potential, rather than focusing on negative past experiences and stigma.



Identity

Reframing identity and mindset based on strengths and aspirations, not stigmatising labels.



Relationships

Developing skills to build, maintain and trust positive, healthy relationships.



Community

Empowering through a stake in society, and a sense of purpose and belonging.

Public Protection: Protecting the community is at the heart of our mission. Penrose Havering provides a structured and supervised environment in which individuals can be closely monitored and supported while accessing interventions designed to mitigate their risk of self-harm or harm to others. This setting enables intensive supervision, adherence to specific conditions, and rapid response to breaches, thereby reducing the likelihood of harm and ensuring public safety.

Coaching & Mentoring: Our Support Coaches provide weekly one-on-one sessions to help residents stay accountable and advance through their move-on plan.

Housing Support: Our Housing Lead supports residents with resettlement and the skills they need to sustain their tenancy.

Rehabilitative Activities: Our structured programmes address the *Pathways to Reducing Reoffending* while meeting Social Value Criteria. Residents participate in at least six hours of weekly activities focused on improving health and well-being, enhancing community integration, and reducing economic inequality.

Psychological Provision & Research: Our Psychologically Informed Approach to practice ensures that we reflect on our actions and how we can be more effective. We utilise reflective practice and clinical supervision to learn and grow, and our work is based on our research, led by a Forensic Psychologist and supported by a Data Performance and Monitoring Officer.

“Staff have been incredible; one of my most challenging clients is the most settled and well-behaved I’ve ever seen him. The structure, boundaries, and support has made all the difference.”

Probation Officer



Activities



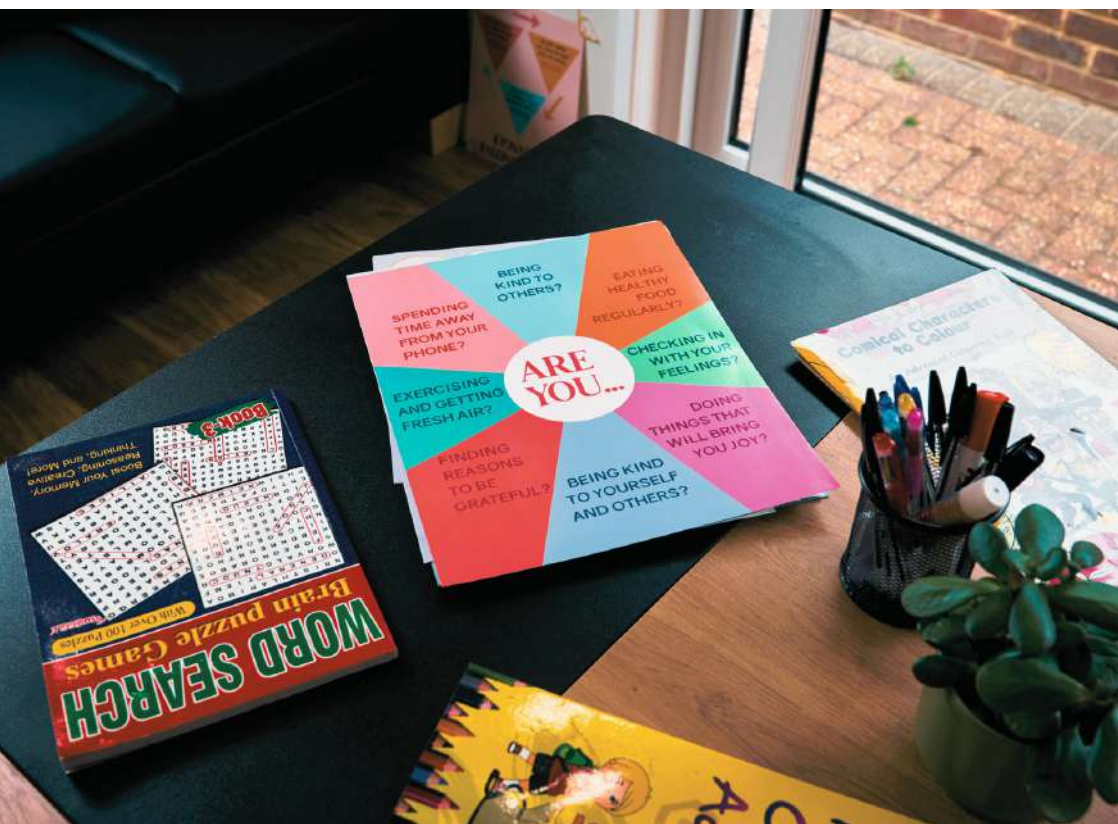
Assists participants in identifying and collecting information about themselves, recording thoughts, feelings, and learning points gathered during their lives, and creating a personal, focused, and informed Action Plan for the future.



Allows participants to reflect, acknowledge and proactively plan their well-being through personal growth and relationships, recognising areas needing attention. The toolkit identifies the differences between criticism and negative and positive feedback, and encourages participants to prioritise their well-being and development.



Supports participants in understanding the importance of financial autonomy, enabling them to feel more confident about independent living in the community. Guidance includes budgeting, borrowing, credit scores, and decision-making related to financial management.



Programmes

We engage people living in the AP in a comprehensive schedule of interactive, rehabilitative activities, including areas of interest, to help prepare them to resettle back into the community and improve their self-confidence and resilience.

We collaborate with Probation practitioners and people on probation to identify support needs and sentence-plan objectives, and offer interventions that meet these goals. A coaching approach underpins our Key Worker sessions.

We use group and individual activities to discuss opportunities and challenges while fostering accountability and a sense of purpose. We empower staff and residents to take ownership of their development and share their skills by delivering groups for others and reaching out to external organisations.

We also provide a daily schedule of structured and unstructured one-on-one and group rehabilitative activities that are adapted and modified.

SIG Safe Ground

We collaborate with SIG Safe Ground, delivering arts-based, therapeutically informed programmes that support people in reflecting, recovering, and building the skills needed for lasting change. Our work creates spaces for honest conversation, experiential learning and connection, helping men strengthen their sense of self, their relationships, and their place in the world.



Man Up?

At the heart of our offer is Man Up?, a **National Framework Intervention (NFI) approved programme** that uses creativity, discussion, and experiential learning to explore masculinity, identity, power, and behaviour.

**“YOU CAN’T ENFORCE
REHABILITATION IF YOU’VE
NEVER BEEN SHOWN HOW
TO LIVE IN THE FIRST PLACE.
SIG SAFE GROUND SUPPORT
PEOPLE TO REALLY LIVE FOR
THE FIRST TIME”**

Rather than telling men how to think or act, Man Up? invites participants to question the messages they’ve inherited about being a man, how these show up in their lives, and what they want to carry forward.

Sessions combine arts-based exercises, group dialogue, reflective writing and practical tools to support emotional regulation, communication and accountability. Men are encouraged to listen, challenge each other respectfully, and develop insight into how their actions impact themselves and others.

SIG Safe Ground’s approach is ***anti-shame and non-punitive***. We believe that meaningful change happens when people feel safe enough to be honest, curious and vulnerable.

Through Man Up?, participants build confidence, resilience and peer support while developing the emotional and relational skills that underpin desistance, healthier relationships and successful reintegration.



Impact Stories

Trent's Journey

When "Trent" arrived, previous AP placements had ended unsuccessfully, and repeated substance use relapses prevented him from finding stability. Although he struggled with motivation, staff remained patient, consistent and committed to his progress. During his eight-week placement, Trent began recognising his strengths. Passionate about hairdressing, he received support to apply for courses and create a social media portfolio. By styling other residents' hair, he developed his skills, built relationships and gained a sense of purpose.

Trent became a valued member of the community. He led weekly cooking activities, helped clean communal spaces and took pride in creating a welcoming environment. These contributions demonstrated growing confidence, responsibility and care for others. With continued support, Trent developed healthier routines, resilience and a positive approach to setbacks. He successfully completed his placement and moved into the community, where he now lives a stable life. In a letter to staff, Trent said this was the first time he had left an Approved Premises positively. He thanked the team for never giving up on him and helping him believe in himself.

Victor's Journey

When "Victor" arrived at Penrose Havering, alcohol use was affecting his wellbeing, behaviour and relationships. He struggled to meet his licence conditions, engage with support and build positive relationships with other residents. Working closely with his probation officer, staff provided consistent support, clear boundaries and opportunity for change. Victor began recognising alcohol's impact and taking greater ownership of his recovery. He requested specialist support from Change Grow Live and chose to wear an alcohol monitoring tag, seeing it as a tool for accountability rather than punishment. He also joined football, badminton and fitness sessions, helping him develop healthier routines and improve his wellbeing.

As Victor's confidence and engagement grew, incidents and arguments reduced. He strengthened family relationships, explored employment opportunities and became one of the service's most engaged residents. Victor successfully returned to his community with a stronger sense of purpose and a determination to be a positive role model for his son. His journey demonstrates what can be achieved through structure, compassion, accountability and belief in people's capacity to change.



Get in touch

Penrose Havering IAP

1 Faringdon Avenue, Romford, RM3 8SJ

Open: Monday-Sunday 24 Hours

Telephone: 01708 372 900

Email: apps.london.penrosehavering@justice.gov.uk

Charity No. 1151455 | Company No. 8466743

Social Interest Group (SIG) is a leading UK charity providing bespoke person-centred health and social care services through SIG Penrose, SIG Equinox, SIG Pathways to Independence, SIG Safe Ground, SIG Housing Trust and SIG Milner Gibson.

We believe good care, support and well-planned services make a difference and improve lives. We work to high standards in line with external and internal regulatory frameworks.



HM Prison &
Probation Service



[@socialinterestgroup](https://www.instagram.com/socialinterestgroup)

www.socialinterestgroup.org.uk

Charity No. 1158402 | Company No. 9122052