

Equinox Community Care and Support

Expert floating support in the community



About us

Our mission in Brighton is to offer high-quality, flexible support to people with mental health, substance use, and eligible Care Act needs and those with high care and support needs. We operate in the community and through supported living services to help people remain in their homes and participate fully in their communities.

Equinox Community Care and Support (ECCS) works with people who are:

- hard to engage
- susceptible to exploitation, isolation and self-neglect
- lacking motivation
- experiencing a crisis
- at risk of losing their tenancies
- consistently displaying behaviour that is anti-social and challenging

We have a proven track record in reducing relapse, readmission, and disengagement with services by offering skilled and compassionate home and community-based support.

We work collaboratively with partners to provide dedicated support workers who are highly trained and resilient, ensuring that those they assist continue progressing confidently.

What our partners say

"Your staff have prevented dozens of unnecessary ambulance call-outs"

Lewisham CMHT

"We have never seen J so busy and engaged in his community"

**Sheltered accommodation,
New Cross**

"This is the longest time D has been away from hospital, thanks to your support"

Lambeth CMHT

What we offer

- Monitoring mental and physical well-being
- Relapse prevention and early intervention
- Substance use management and signposting
- Daily living skills support - learning and developing a structure and routine
- Community-based Social Prescribing
- Medication monitoring and compliance
- Teaching strategies that prevent self-neglect and promote independence
- Practical financial advice and benefits support
- Collaboration with other care professionals to ensure the best outcomes
- Support to prevent social isolation; escorting, encouraging and facilitating participation in community activities
- Education, employment and training support
- Tenancy sustainment and advocacy for housing-related problems
- Signposting to personal and cultural resources
- Assistance with referrals to counselling and external support
- Help with form-filling and booking appointments
- Telephone support as appropriate
- Attendance at appointments and medical reviews
- Assistance with shopping and domestic responsibilities





Our approach

We use Trauma and Psychologically-Informed approaches to support and interventions, working to empower individuals to build and maintain their independence, health and well-being.

ECCS specialises in supporting individuals with a range of complex needs, including those who use substances, are at risk of relapse, are experiencing psychosis, display behaviours that challenge, and have a forensic history.

Who we help

Individuals receiving support must:

- Be aged 18 years and over
- Require support in their home or the community
- Have needs appropriate for receiving floating support

In addition to:

- Having a mental health diagnosis or problematic substance use
- Having high-level care and support needs (not personal care)

Get in touch

Social Interest Group

1 Waterloo Gardens, London N1 1TY

Telephone:

07814 285 448

0203 668 9270

Enquiries Email: eccs@socialinterestgroup.org.uk

SIG Equinox is part of Social Interest Group. We believe good care and support improve lives.

Our mission is to empower independence through trauma-informed solutions and dynamic partnerships that keep people out of prison, out of hospital, and off the streets.

Charity no. 0296694 | Company no. 02114430



www.socialinterestgroup.org.uk

Charity no. 1158402 | Company no. 9122052



Penrose

Equinox

Pathways to
Independence

SIG Housing Trust

Safe Ground