



## **Want to Make a Difference in Luton? Join us as a Volunteer Community Navigator!**

Are you ready to make a real impact in your community? Do you have a passion for helping others and building connections? We're looking for volunteers to join our friendly team at STEPS!

### **What is STEPS?**

STEPS helps people leaving mental health wards in Luton find safe housing and settle back into the community. We make sure nobody has to face this journey alone.

### **What You'll Do**

As a STEPS Volunteer Community Navigator, you'll volunteer alongside a STEPS Support Worker and:

- Make regular friendly check-in calls to people we support
- Help people find local groups and activities they might enjoy
- Support people to attend community activities and build confidence
- Share information about local opportunities like volunteering and work
- Develop a programme of community engagement opportunities in the area
- Be part of the mission to create a more connected and supportive Luton

### **What We Offer**

By joining STEPS, you will get:

- Full training and ongoing support
- Flexible hours to fit around your schedule
- A welcoming team environment
- Valuable experience in mental health and community support
- The chance to make a real difference in people's lives

### **This is more than just a volunteer role – it's a chance to make a lasting difference.**

This opportunity is perfect if you:

- Care about supporting others and rebuilding lives
- Are good at listening and talking with people
- Can spare 10-15 hours a week
- Want to gain experience in social support, networking, and community development

### **Who We're Looking For**

If you're compassionate, resourceful, and ready to make a difference, we want you on our team! Whether you have previous experience or just a desire to help, your enthusiasm and dedication are what count.

The role is based at Victoria House in Luton town centre, with opportunities to volunteer across our mental health services and in the community.

Sound interesting? Contact Samantha Smith to learn more and apply:

Email: [samantha.smith@socialinterestgroup.org.uk](mailto:samantha.smith@socialinterestgroup.org.uk)

Phone: 07805 739238

*Volunteer checks required: Enhanced DBS check (we'll help arrange this), photo ID, and references.*

*SIG Penrose welcomes volunteers from all backgrounds. We particularly encourage applications from people with lived experience of using health and social care services.*

### **More about STEPS**

STEPS Mental Health Hospital Discharge Service is an accommodation assessment and support service for people who are admitted to mental health wards in Luton.

STEPS is a unique mixed-gender accommodation assessment and support service for adult patients discharged from East London Foundation Trust (ELFT) mental health wards. The service addresses the problems experienced by patients whose discharge is delayed for non-clinical reasons or discharged to no fixed abode or unsuitable accommodation.

STEPS is part of the Mental Health and Housing Pathway between Luton Borough Council and East London Foundation Trust (ELFT), which aims to ensure that people have suitable and safe accommodation upon discharge.